

	M	Tu	W	Th	F	Sa	Su
7:30 - 8:30	Hot Yoga Flow		Hot Yoga Flow	Hot Yoga Flow	Hot Yoga Flow		
9:00 - 10:00	26&2 Yoga	Hot Yoga Flow	26&2 Yoga	Hot Barre Sculpt	26&2 Yoga	26&2 Yoga 9:00-10:15	26&2 Yoga 9:00-10:15
10:15 - 11:15	Hot Pilates	Hot Pilates	Hot Pilates	Hot Pilates	Hot Barre Sculpt	Hot Pilates 10:30-11:30	Hot Pilates 10:30-11:30
12:00 - 1:00	Hot Yoga Flow	26&2 Yoga	Hot Yoga Flow	26&2 Yoga	Hot Yoga Flow	Hot Yoga Flow	Hot Yoga Sculpt
4:00 - 4:45	Hot Barre Express	Hot Pilates Express	Hot Pilates Express	Hot Pilates Express			
5:00 - 5:45	Hot Pilates Express	Cardio Core Express	Hot Barre Express	Yoga Sculpt Express	Yoga Flow 5-6		
6:00 - 7:00	26&2 Yoga	Hot Barre Sculpt	26&2 Yoga	Pilates Yoga Combo			
7:30 - 8:30	Restorative Yin Yoga	Restorative Yin Yoga	Restorative Yin Yoga	Restorative Yin Yoga			



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